

# **Cogswell College**

## **Substance and Alcohol Abuse Prevention and Program Policy**

### **Purpose**

Cogswell College is committed to providing its students and employees with a drug-free work place and campus environment. It emphasizes prevention and intervention through education. The purpose of this policy is to communicate the College's concern and desire to provide an environment of excellence and safety for teaching and learning. Along with articulating its intent to comply with all appropriate federal, state, and local regulations regarding illicit use of drugs and the abuse of alcohol in the workplace.

### **Policy**

The Drug Free Schools and Communities Act Amendment of 1989 requires that, as a condition of receiving funds or any other form of financial assistance under any Federal program, and institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs or alcohol by students and employees. The Federal regulations require annual notification of each employee and student that unlawful manufacture, distribution, dispensation, possession or use of illicit drugs or alcohol is prohibited.

Cogswell College seeks to maintain a work and educational environment that is safe for our employees and students and conducive to hard work and higher educational standards. The College intends to comply with the Drug Free Workplace Act and other regulations regarding drug and alcohol abuse in the workplace.

As a condition to employment, all employees of Cogswell College ( this includes faculty, staff, and student employees) are required to comply with this policy.

### **Local, State, and Federal Legal Sanctions**

Local, State, and Federal laws establish severe penalties for unlawful possessions or distribution of illicit drugs and alcohol. These sanctions, upon conviction, may range from a fine to life imprisonment. In the case of possession and distribution of illegal drugs, these sanctions could include the seizure and summary forfeiture of property, including vehicles. It is especially important to know that recent Federal laws have increased the penalties for illegally distributing drugs to include life imprisonment and fines in excess of \$1,000,000.00

The denial of Federal benefits, such as student loans and grants up to one year for the first offense, and up to five years for second and subsequent offenses.

## **Consequences for Violations**

As an academic community, Cogswell exercises certain disciplinary powers, such as protecting the educational environment by establishing and enforcing standards of conduct that students and student groups are expected to follow. These standards contain sanctions related to the use and abuse of alcohol and other drugs. Students are expected to respect these standards, the authority of the college, faculty, and staff and each other. If a student violates any of the standards of conduct, the college or any individual within the college may file a complaint against the student.

Student organizations are expected to follow the standards of conduct, as is any individual student. If a determination that a violation of the alcohol and other drug policy has occurred, by either an individual or a student group, sanctions will be assessed. Such sanctions may include revocation of recognition as a student organization, denial use of the college facilities, or suspension/expulsion from the college.

## **Students**

Cogswell College is committed to education and counseling as their primary focuses of its substance abuse program and will provide confidential, professional assistance for any students in need. Students are urged to seek information and help regarding substance abuse for themselves or their friends. A variety of services including counseling or educational materials are available from the Dean of Students Office.

## **Resources**

Cogswell's On-Campus Counseling Services

Amy Weingarten, LCSW

NeuroCycles

1 (408) 507-0503

Santa Clara Valley County: Department of Alcohol and Drug Services

[www.sccgov.org/sites/dads/Pages/Department-of-Alcohol-and-Drug-Services.aspx](http://www.sccgov.org/sites/dads/Pages/Department-of-Alcohol-and-Drug-Services.aspx)

Gateway: Adult System of Care

1 (800) 488-9919

DADS (Department of Alcohol and Drug Services)

1 (408) 792-5670

Alcohol Anonymous:

1 ( 408) 374-8511

<http://meetings.aasanjose.org/meetings>

<http://www.simeetings.com/LA/SFB/SunnyvaleMtgs.html>

Narcotics Anonymous:

<http://meetings.intherooms.com/meetings/search>

The Camp Recovery Center

1 (800) 924-2879

National Council on Alcohol and Drug Dependency:

[www.ncadd.org](http://www.ncadd.org)

**Online resources of possible interest:**

[www.alcoholscreening.org/](http://www.alcoholscreening.org/)

[www.aa.org/](http://www.aa.org/) for Alcoholics Anonymous

<http://www.drugabuse.gov/nidamed/> for National Institute of Drug Abuse (NIDA)

<http://www.drugabuse.gov/scienceofaddiction/brain.html> for NIDA handout on biology of addiction

<http://www.nlm.nih.gov/medlineplus/substanceabuseproblems.html> for MedlinePlus, substance abuse problems

<http://familydoctor.org/familydoctor/en/diseases-conditions.html> for familydoctor.org, for tobacco, alcohol and drugs patient education downloads

<http://rethinkingdrinking.niaaa.nih.gov/> for NIAAA website -- offers drinking habits assessment and management tools for anyone who drinks

Cogswell College is an institution of higher education that complies with the Drug-Free Schools and Campuses Regulations of the 1989 and the Drug-Free Workplace Act of 1988 which state that “as a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education must certify that it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol by students or employees.”